

## Barking & Dagenham food provision list

Centre	Address	Website	Additional information
Al Madina Mosque	The Hive, Community Building, 2 Victoria Rd, Barking, IG11 8PY  Christina Rowe 0208 478-8526	<a href="https://www.barkingmosque.org.uk/community-food-club/">https://www.barkingmosque.org.uk/community-food-club/</a>	Food Club, Lunch Club, Community Kitchen  Fridays 3:30pm-4:30pm.
Barking Food Bank (Trussell Trust)	Elim Distribution Centre 93 Axe St, Barking, IG11 7LZ  Chadwell Heath Distribution Centre United Reformed Church, Mill Lane, Chadwell Heath, RM6 6QS	<a href="https://barking.foodbank.org.uk/">https://barking.foodbank.org.uk/</a>	Monday 10:30am-12:00pm. Wednesday 10:30am-12:00pm. Friday 10:30am-12:00pm.  Tuesday 10:am-12:00pm. Thursday 10:am-12:00pm.
Castle Point	163 Bennett's Castle Lane, Dagenham, RM8 3YJ  0202 227 1927	<a href="https://www.communityresources.co.uk">https://www.communityresources.co.uk</a>	Lunch club  Monday- Thursday open 9:00am-3:00pm and Friday 9:30am-2:00pm.
Church Elm Hub	Dagenham Library, 1, Church Elm Lane. Dagenham, RM10 9QS  Elyse 07578-472508	<a href="https://twitter.com/CEH_DCT">https://twitter.com/CEH_DCT</a>  <a href="https://www.lbbd.gov.uk/find-your-nearest/community-food-club-dagenham-library">https://www.lbbd.gov.uk/find-your-nearest/community-food-club-dagenham-library</a>	Community Food Club:  Thursdays and Fridays 11:00am-1:00pm. Agency referrals can be made through the LBBD website).
Dagenham Foodbank (Trussell Trust)	RCCG HOFc, The BEACON, 104 New Road, Dagenham, RM9 6PE  Living Hope Centre, The Old Dagenham Methodist Church, Rainham Road South, Dagenham, RM10 8YB  Flowing Rivers Centre, 112 Broad Street, Dagenham, RM10 9HP	<a href="https://dagenham.foodbank.org.uk/locations/">https://dagenham.foodbank.org.uk/locations/</a>	Wednesdays and Saturdays 11:00am-1:00pm. (Foodbank voucher referral system.)  Tuesdays 5:00-6:00pm. (Foodbank voucher referral system.)  Thursday 6-730pm (Foodbank voucher referral system.)
Dagenham Ummah Welfare Trust	5 Newett Rd, RM8 2XT	<a href="https://duwt.org/">https://duwt.org/</a>	Food bank  Tuesdays & Thursdays
Darul Ummah Goresbrook Food Bank	36, Maplestead Road, Dagenham, RM9 4XR	<a href="https://darulummahgoresbrook.org.uk/">https://darulummahgoresbrook.org.uk/</a>	Saturday 2:00pm. Users should bring their own bags.
FoodCycle	Al Madina Mosque, 2 Victoria Rd, Barking, IG11 8PY  0207 729 2775	<a href="https://foodcycle.org.uk/">https://foodcycle.org.uk/</a>	Every Sunday at 1:00pm (from 17 <sup>th</sup> March 2024)  Volunteers prepare and serve a free 3-course meal using surplus food from supermarkets and shops. Guests can take leftovers home.

Heath Community Hub (previously William Bellamy)	Frizlands Lane, Dagenham, RM10 7HX  0208 724-1924	<a href="https://www.lbbd.gov.uk/find-your-nearest/heath-community-hub-previously-william-bellamy">https://www.lbbd.gov.uk/find-your-nearest/heath-community-hub-previously-william-bellamy</a>	Community Food Club- Wednesdays 1.00pm-4.00pm. (Self-referrals or agency referrals can be made through the LBBB website)  Foodbank: Runs Last Saturday of every month 11.00 am-12.30pm. Donate £5 at the door and get £15 worth of essential items. Bring bags.
Hope Family Trust Food Bank. (Trussell Trust)	Holy Family Catholic Church Centre. Oxlow Lane, Dagenham RM9 5XJ.	<a href="https://www.hopefamilyuk.org/food-bank/">https://www.hopefamilyuk.org/food-bank/</a>	Offers halal and vegetarian ready meals plus fresh food parcels to cook at home. Saturdays 1-2pm.  Click and collect available (for registered users).  Also provides hygiene parcels every month to females who cannot afford these essential items.  The first non-profit restaurant in Barking and Dagenham:  Humdum Restaurant, 15 London Road, Barking IG11 8AA  Open 7 days a week HMC Halal Vegetarian Vegan available
Hum Dum	The Ripple Centre, 121, Ripple Road, Barking, IG11 7PB	<a href="https://www.humdum.org/">https://www.humdum.org/</a>	Saturdays 1:00pm-2:00pm.
Kingsley Hall Social Supermarket	Kingsley Hall Parsloes Avenue, Dagenham, RM9 5NB  Zaphira 0208 5921708	<a href="http://www.khccc.com">http://www.khccc.com</a>	Mon-Fri 9:00am-4:00pm.
London Riverside Church	Parsloes Avenue, Dagenham, RM9 5PT.  0208 593 2241	<a href="http://www.londonriversidechurch.com">http://www.londonriversidechurch.com</a>	Store City Food Bank. Tuesday -Friday 2:00pm-3:30pm. Sunday 10:00am-12:00pm.  All clients must be referred via an email from a recognised referee e.g. local authority, health representative, school etc.
Marks Gate Community Hub	Rose Lane, Marks Gate, Chadwell Heath, RM6 5NJ.  0208 270 4165	<a href="http://www.lbbd.gov.uk/find-your-nearest/community-food-club-marks-gate-community-hub">http://www.lbbd.gov.uk/find-your-nearest/community-food-club-marks-gate-community-hub</a>	Community Food Club Please refer to the facility website for monthly programmes.  (Self-referrals or agency referrals can be made through the LBBB website)
Marks Gate Relief Project	Rose Lane, Marks Gate, Chadwell Heath, RM6 5NJ.  07744 8057268 or email Asma.haq@mgrp.org.uk	<a href="https://www.mgrp.org.uk">https://www.mgrp.org.uk</a>	Foodbank and hot food services available 7 days a week by appointment ONLY.  Drop-in services (without an appointment available. Monday

			9:00am-7:30pm & Wednesday 10:00am-1:00pm.
Osborne Partnership	Osborne Centre, Osborne Square, Dagenham, RM9 5AU  0208 592 5742	<a href="https://www.osbornepartnership.org/">https://www.osbornepartnership.org/</a>	Top Community Café Monday-Friday 10:00am-2:00pm. Heat and eat- Soup, roll and warm space for the over 50's Tuesday and Thursdays 11:00am-2:00pm.£1.00.
Power House Community Network	Unit 3 & 4, 280, Oxlow Lane Dagenham, RM10 8LP  0208 517 5827	<a href="https://www.phcn.org.uk">https://www.phcn.org.uk</a>	Food Bank Tuesday 10:00am-1:00pm
St Chad's Church	73, Eric Road, Chadwell Heath, RM6 6JH.  0208 597 8076	<a href="https://www.stchads.church/sunshine-community-cafe">https://www.stchads.church/sunshine-community-cafe</a>	Not-for profit community café with affordable meals, open Tuesday 10:00am-2:00pm. Closed during the summer.
St Thomas's Church	Burnside Road/Hayden Road, Dagenham RM8 2PA.  0208 598 9179	<a href="https://www.facebook.com/StThomasBecontree/">https://www.facebook.com/StThomasBecontree/</a>	Food Pantry Monday 1:00-3:00pm. Pop in for a cuppa, chat, listening ear and top up from the food pantry for those in need.
Thames Community Hub (previously Sue Bramley)	Bastable Avenue, Barking, Essex.  0208 270 6619	<a href="https://www.lbbd.gov.uk/find-your-nearest/thames-community-hub-previously-sue-bramley">https://www.lbbd.gov.uk/find-your-nearest/thames-community-hub-previously-sue-bramley</a>	Community Food Club Friday 12:30pm-2:00pm. (Self-referrals or agency referrals can be made through the LBBB website)
The Salvation Army	240, Ripple Road, Barking, IG11 7DJ.  0208 594 2964	<a href="https://www.salvationarmy.org.uk/barking">https://www.salvationarmy.org.uk/barking</a>	Fresh hot food daily 12:00pm-1:30pm for rough sleepers and people in need.
The Shed	St Johns's House, 522 Gorsebrook Road, Dagenham, RM9 4XA  07955887695	<a href="https://www.becontreesouth.org.uk/food-bank/">https://www.becontreesouth.org.uk/food-bank/</a>	Food Store Thursday 12.30pm-2.30pm No voucher required. £3.00.for 14 items plus extras for free.
The Community Food Club	Barking Learning Centre, 2, Town Square, Barking, IG11 7NB  Rebecca Hutchon	<a href="https://www.barkingchurchesunite.org">https://www.barkingchurchesunite.org</a>	The Community Food Club Tuesday, Wednesday, and Thursday 11:00-1:30pm Referrals from LBBB. Emergency free parcels provided.  Warm spaces Monday-Friday 10:00am-2:00pm
The Pit Stop	Barking Learning Centre, 2, Town Square, Barking, IG11 7NB  Lorraine Allen	<a href="https://www.barkingchurchesunite.org">https://www.barkingchurchesunite.org</a>	A drop in lunchtime café for those in poverty.  Provides a free meal. Monday-Friday 11:45am-1:30pm