



Barking & Dagenham

Borough Partnership

STRATEGIC FUNDING BRIEFING: COST OF LIVING, HARDSHIP AND HEALTH INEQUALITIES


Barking and Dagenham,
Havering and Redbridge
Clinical Commissioning Groups

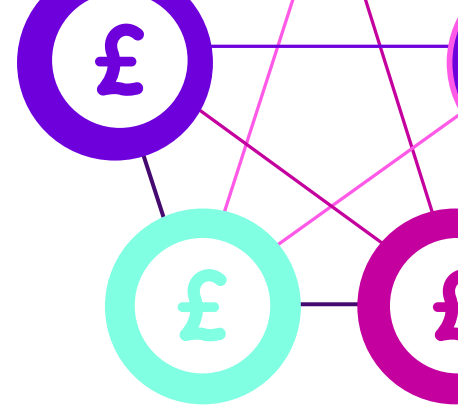
**Barking &
Dagenham**


Barking, Havering and Redbridge
University Hospitals
NHS Trust


Together First CIC
Barking & Dagenham Federation

NELFT 
NHS Foundation Trust


BD
COLLECTIVE

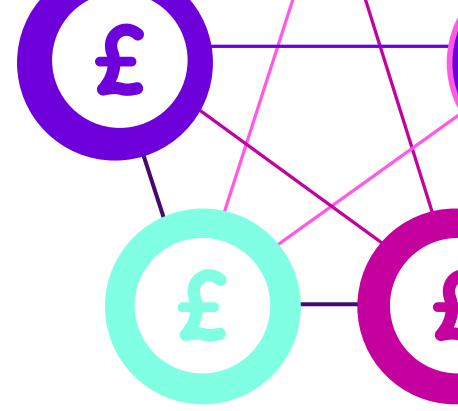


INTRODUCTION

This partnership approach brings together funding secured by the North East London Health Care Partnership relating to health inequalities and also funds secured by the Council to address challenges for the cost of living crisis. Two of the BD_Collective networks have been core to the design of the proposed plan.

The 3 strands were introduced at the co-hosted workshop on 3rd August and are now detailed in this briefing. You may want to review this along with the slide deck from the workshop.

- Strand 1: Community approach for localities
- Strand 2: Community approach for Children & Young People's mental health
- Strand 3: Community approach for people with no recourse to public funds



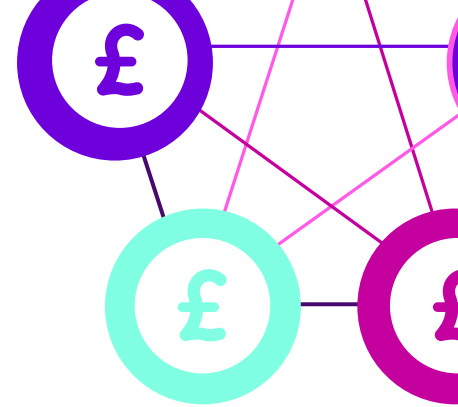
Aims and objectives

The purpose of this work is to develop a model that connects the whole local system. Working together we will learn how to:

- Improve the health and wellbeing of residents at a population level
- Build connection, trust and belonging in communities
- Make optimal use of scarce public and social sector resources
- Create a preventative model which helps residents to help themselves and others
- Strengthen community level support for the cost of living crisis

Outcomes

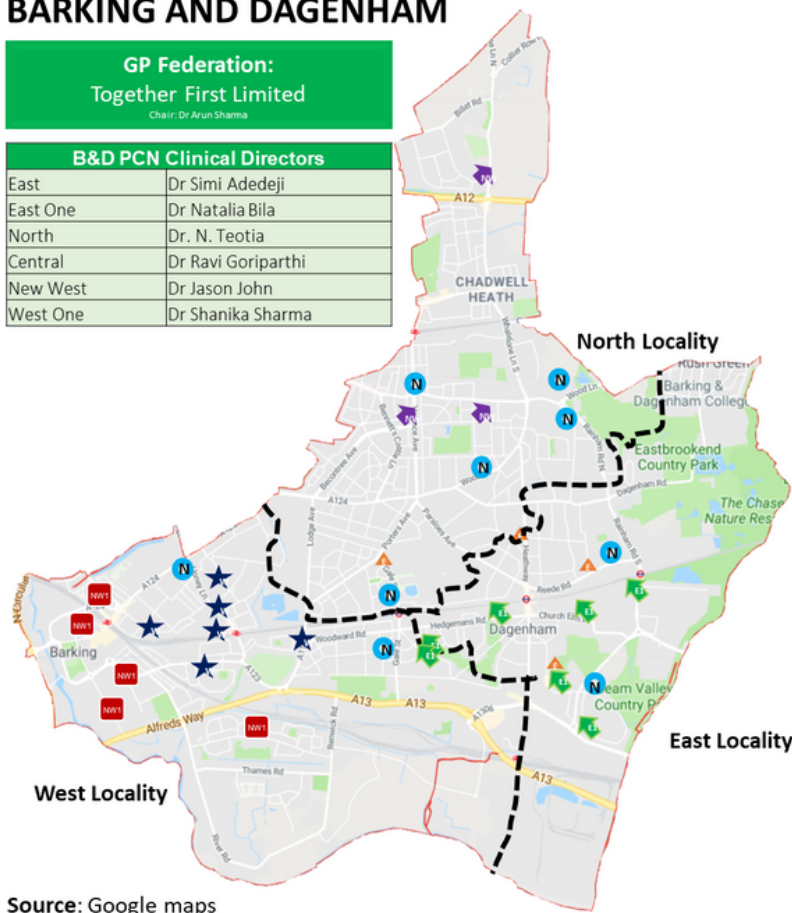
- A co-designed and coordinated cross-sector response to the immediate challenges caused by the cost-of-living crisis.
- A longer-term locality-based solution that helps people out of crisis and builds greater resilience across the community.



BARKING AND DAGENHAM

GP Federation:
Together First Limited
Chair: Dr Arun Sharma

B&D PCN Clinical Directors	
East	Dr Simi Adedeji
East One	Dr Natalia Bila
North	Dr. N. Teotia
Central	Dr Ravi Goriparthi
New West	Dr Jason John
West One	Dr Shanika Sharma



Source: Google maps

North Primary Care Network; 8 practices List size 45,669	
Green Lane Surgery	3740
Dr S Z Haider & Partners	5704
Dr A K Sharma	9872
Dr A Arif	4533
Five Elms Medical Practice	4057
Gables Surgery	6876
Dr M Ehsan	3042
Dr B K Jaiswal	5415
Dr Prasad (Faircross Health Centre)	2430
Total	45,669

Central PCN; 3 practices List size 30,952	
Marks Gate Health Centre	4835
Tulasi Medical Centre	19485
Becontree Medical Centre	6632
Total	30,952

West One Primary Care Network; 6 practices List size 37,607	
Drs Chibber & Gupta	4245
Drs Sharma & Rai	5226
Highgrove Surgery	7772
Dr Ansan & Ansan	7891
The Barking Medical Group Practice	9837
The John Smith Medical Centre	2635
Total	37,607

New West PCN; 4 practices List size 29,835	
Abbey Medical Centre	6146
Aurora Medicare	17,740
Victoria Medical Centre	4061
Shifa Medical Practice	1888
Total	29,835

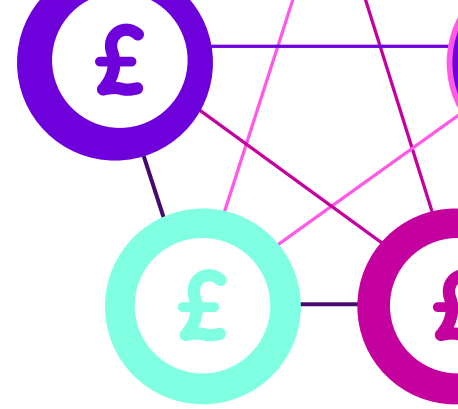
East Primary Care Network; 4 Practices List size: 37,348	
Broad Street Medical Centre	6553
Porters Avenue (merged 01.04.2022 with Child & Family)	18477
Church Elm	6053
Halbutt Street Surgery	6265
Total	37,348

East ONE Primary Care Network; 7 Practices List size: 37,469	
Dr Alka Iy Surgery	5009
First Avenue Surgery	5401
Heathway Medical Centre	5021
Hedgemans rd	5056
Parview	1549
St Albans Surgery	8242
The Surgery (Dr Oia)	3878
Total	37,469

Deliverables/outputs

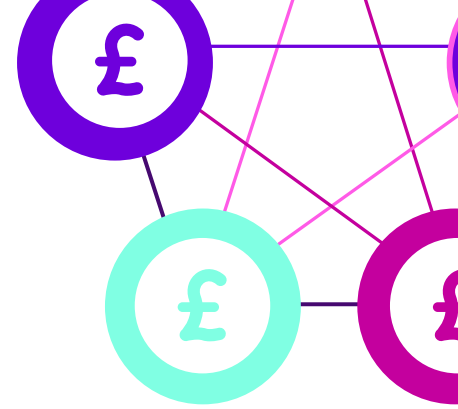
Locality Leads will:

- Provide a 9am-5pm Monday to Friday, triage service that manages referrals from community providers and/or the public system.
- Develop relationships with local orgs/groups, the Primary Care Network, community pharmacies and council services in the locality



- Participate in an induction programme to prepare for the learning process comprising:
 - 20 five minute online podcasts with slides
 - 2-4 one hour online seminars
 - Half a day in person event.
- Build and make visible a connected network of locality partners via Whatsapp and six-weekly meet ups for training and shared learning which will include;
 - Sharing information about the core offer available
 - Developing prototypes that are designed to build residents' resilience and are generated with residents to tackle the issues being faced around both health and cost of living.
 - Those who may be at greater risk of inequality either in respect of wellbeing, or from the cost of living
- Meet with other Locality Leads, Health and Council colleagues at a monthly meeting to participate in a rigorous learning process comprising:
 - Input from partners to understand the core advice and health offer
 - Exploring together the learning from the prototypes being developed (for example warm spaces, use of technology around health etc.)
 - Sharing qualitative and quantitative data from each locality on the demographic reach, quality and impact of the work.
 - Contributing to a summary learning report at the end of the work.

Locality Leads will have experience in managing complex situations, with a good knowledge of safeguarding and GDPR responsibilities.



Evaluation and evaluation metrics

Localities will:

- Collect and report on reach, quality and impact data each month at learning meetings
- Collect demographic cohorts on a monthly basis, including qualitative and quantitative data for each locality.
- Contribute to the learning report at the end of the funding

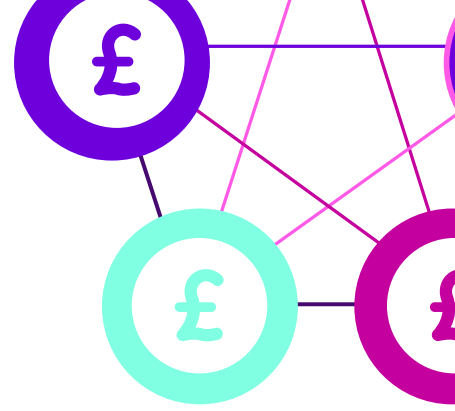
Budget

£52,500 from October 2022 - September 2023 per locality

A £50,000 'pot' for prototype development across the borough

Timeline and Milestones

- Expressions of interest to be submitted by 12noon 8th September 2022
- Selection process completed by 16th September
- Contracts with Locality Leads in place by 1st Oct 2022
- Project end 30th September 2023

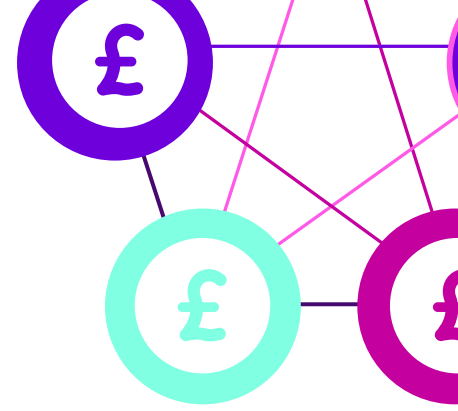


How to apply

Please submit an Expression of Interest (not more than 1500 words) which details:

1. What interests you about this opportunity
2. Why you're applying
3. how you feel your organisation will answer the criteria in the spec
4. Which locality you are applying for

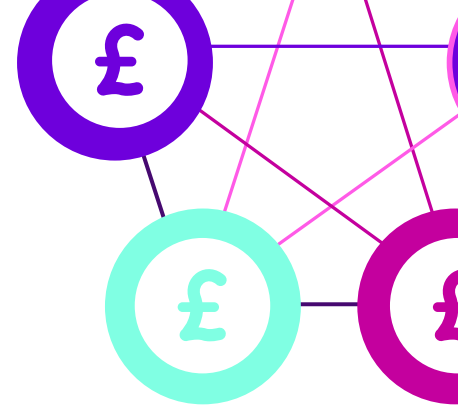
Please submit to sarah@bdcollective.co.uk by 12 noon, 8th September 2022.



Strand 2: Community-led activities to address low-level mental health issues in children and young people through participatory process

Workstream

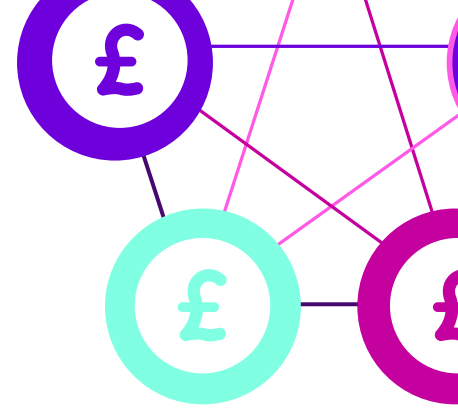
The B&D Children & Young Peoples Network (BDCYPN) consists of a range of organisations, each serving different sectors of the community and each in their unique ways. The lack of effective early intervention adolescent mental health support has been identified as a major factor in the borough. So too has youth safety and the impact of young people from neighbouring boroughs entering LBBDD and engaging in criminality, anti-social and risk-taking behaviours.



A Participatory Grant Making fund has become available that enables both large and small, LBBD community-based organisations to collaborate to tackle low-level emerging mental health issues in children and young people. It will enhance the work already started by targeting the North locality in Barking & Dagenham, working closely with the Local Authority and relevant agencies.

Participatory grant-making is one of grant-making power and decisions being owned by affected community members. In practice, it means placing affected communities at the centre of grant-making by giving them the power to decide who and what to fund. Adopting this culture of participatory grant making increases the diversity of decision-makers, strengthens decisions, and allows more funding at the grassroots level.

More about the process, the approach will focus on building capacity within the voluntary and community sector by employing a 'democratic lottery' to determine projects directly informed by local young people and grassroots practitioners. We recognise that in isolation, small pots of funding will not fundamentally shift the issue of prevention of poor-mental health in young people. However, it will provide evidence-based data on what works, develop a framework to replicate the work and a network of people and organisations to be involved

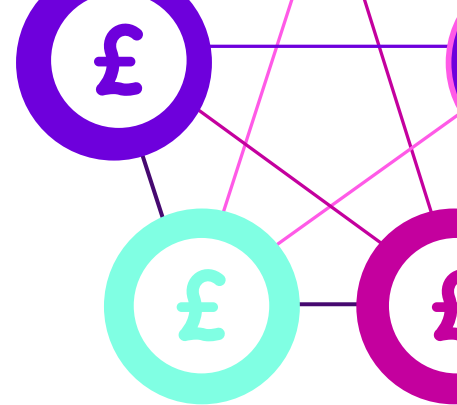


The scheme will take the opportunity to test a new funding process championed in the borough by BD Giving and supported by the B&D CVS. The model will be built with a central focus on relationship and collaboration between the participating partners and lived experience in the belief that this is how we maximise impact while building strong foundations for future work.

Aims and Objectives

Work in partnership with residents and VCS to address the issue of emerging poor mental health in children and young people in Barking and Dagenham. Using the participatory grant making process we will work to:

- Make it as easy as possible to test what you believe works in your communities
- Deepen existing and make new connections across the voluntary and community sector
- Involve people who might not otherwise take part in work like this
- Create impactful innovations that lead to further projects and greater impact
- Provide evidence-based interventions
- Provide practitioner & resident training to develop community leaders (trusted adults) and resilience (recognising burnout)



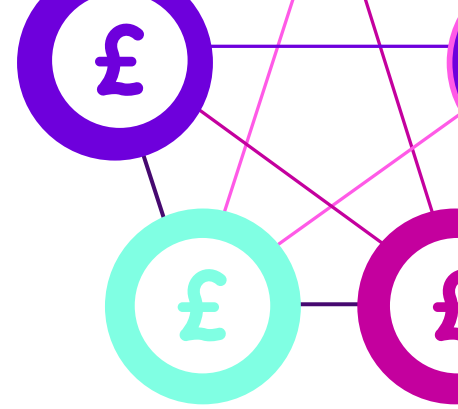
Outcomes

- Increase understanding of the issues children and young people face which negatively impact on mental health by developing local solutions
- Develop community led local solutions
- Increase resilience of children and young people to understand & manage their emotions
- Prevention of low-level mental health issues
- Increased resilience of practitioners working with children and young people

Deliverables/outputs

This participatory grant making programme will:

- Develop 5 to 8 different approaches to tackling emerging mental health issues in children and young people
- Work with LBBP children & young people (target groups with specific vulnerabilities incl. BAME & young carers)
- Host 4 participatory grant making facilitated workshops
- Provision of childcare arrangements to increase participation in the workshops
- Develop Impact Reports for each funded project
- Work with minimum 80 children and young people in Barking and Dagenham



- Produce an Impact Report on the overall programme
- Due diligence checks undertaken on groups awarded funding (e.g., safeguarding, data management, registered organisation with bank account)
- Engage with groups and organisations who would not usually have access to funding

Evaluation and evaluation metrics

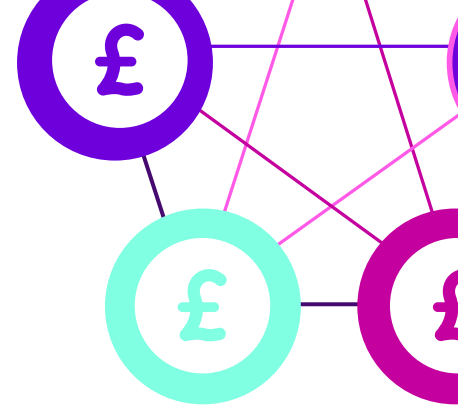
Funded organisations will develop Impact Reports which will feed into the Lead Organisation's quarterly reports and a final Impact Report on the overall programme.

Data collected will include:

- Participant feedback
- Practitioner Feedback
- Witness Testimonies
- Demographic information
- Participation Levels

Budget

- £80k in total for projects, to be agreed via a participatory process
- Remuneration for attendance at planning meetings

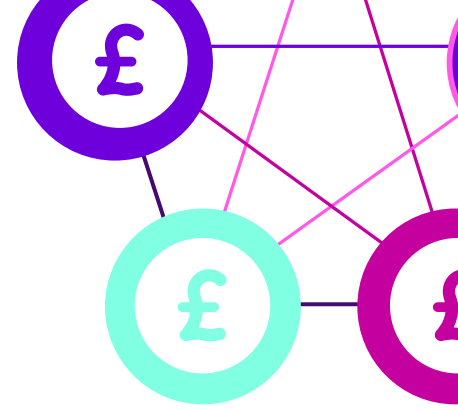


Timeline and Milestones

- Expressions of interest to be submitted by 12noon 8th September 2022
- Selection process completed by 16th September
- w/c Monday 26th Sept - Session 1 – Participatory Grant Making (PGM) Intro & recap
- w/c Monday 3rd Oct - Session 2 - PGM Key Themes & Plans
- w/c Monday 10th Oct - Session 3 - PGM Key Themes & Plans Part 2
- w/c Monday 17th Oct - Session 4 - Applications/Plan
- w/c Monday 24th Oct - Decision-making week
- w/c Monday 31st Oct - Project Starts dates
- Project End Date w/c Monday 20th March

How to apply

Applications are welcomed from all. Please submit a 100-word Expression of Interest by midday Friday 2nd September 2022 to sarah@futuremc.org.uk



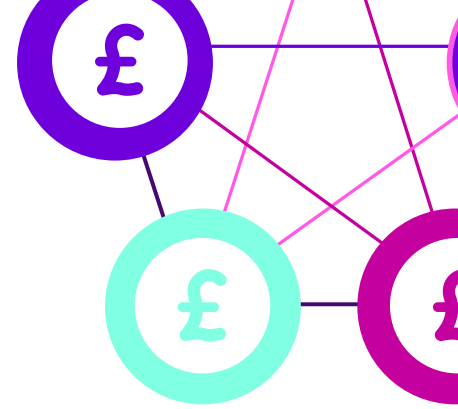
Strand 3: Community approach for people with no recourse to public funds

Workstream

Community-led support for people with no recourse to public funds pilot

Aims and objectives

- To gain better understanding of the scale, profile and lived experience of the Barking and Dagenham population with no recourse to public funds, and share this with partners around the place-based partnership. This is for partners to then better plan for this population and to encourage a culture that is welcoming to migrants with no recourse to public funds
- Dispel myths/ misunderstandings that exist in the community, and may be held by workers in both the statutory and VCSE sector, about what healthcare and public services people with NRPF are eligible for
- Develop a culture in the borough where it feels safe for people with no recourse to public funds to seek help
- Connect people with NRPF to eligible support to prevent financial and health crises and build community resilience

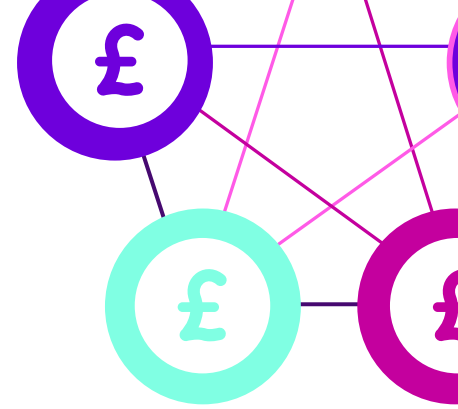


Outcomes

- Partners have improved understanding of the scale, profile and lived experience of the Barking and Dagenham population with no recourse to public funds
- Statutory and VCSE workers understand which types of healthcare and other public services people with NRPF are eligible for, and can provide support in accessing them if necessary
- Statutory and VCSE workers understand the range of resources and support available for migrants in the community/ VCSE sector in Barking and Dagenham
- People with NRPF have improved understanding of services available to them and feel empowered to access support
- GP practices have, or are working towards, Safe Surgeries status

Deliverables/outputs

- Explore and map where NRPF communities are already connecting, using those places as a way of building trust and understanding the strengths and needs of that community locally
- Work with the NRPF community to co-produce:
 - A brief guidance for statutory and VCSE workforces on entitlements, support and resources available to people with no recourse to public funds, and how to support residents to access it. This could include how to register with primary care, how to make an application to DHSC for NHS Healthy Start.
 - Creative, culturally-competent ways via social media to communicate the support on offer to Barking and Dagenham residents with NRPF. It should be available in languages other than English where there is demonstrated need for this.



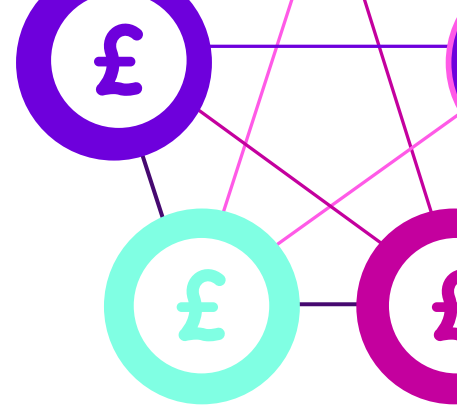
- Play an active part in building connections with statutory and VSCE partners through BD_Collective Networks, Community Hubs and Primary Care Networks to ensure that learning from this work is shared and informs practice.
- Promotion of the Safe Surgeries initiative of Doctors of the World with Barking and Dagenham GP practices and [PCNs Safe-Surgeries-Toolkit-2021.pdf \(doctorsoftheworld.org.uk\)](https://www.doctorsoftheworld.org.uk/PCNs-Safe-Surgeries-Toolkit-2021.pdf)
- Report back to the Barking and Dagenham Place-based Partnership on the scale, profile and lived experience of the Barking and Dagenham population with no recourse to public funds

GDPR responsibilities

The lead organisation will be responsible for safe-guarding and GDPR.

Evaluation and evaluation metrics

Evaluation questionnaire to VCSE organisations and statutory organisations of the entitlements of those with NRPF and the resources in the borough. Administer around September 2022 and March 2023



Budget

The total pot is £65,000
(This includes the development/publication of a local resource).

Milestones

- Expressions of interest to be submitted by 12noon 8th September 2022
- Selection process completed by 16th September
- Delivery to start week of 10th October 2022
- Reports to be submitted first week of September and end of March
- Project end March 2023

How to apply

Please submit an Expression of Interest (not more than 1500 words) which details:

1. Why you are the best organisation to meet the aims and objectives of this project.
2. How you will approach the work, making specific reference to the outcomes and deliverables outlined in the funding specification.
3. What partnerships you already have in place and how these will be beneficial to this work.

Please submit to sarah@bdcollective.co.uk by 8th September 2022.